

Fast Hearts and Slow Towns

Choreographed by Alison & Peter – TheDanceFactoryUK – 2019

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4 wall – 32 count Beginner Line Dance. No Tags/Restarts

Music: Fast Hearts and Slow Towns – Midland – start after 40 count intro approx. 21.5secs on the word 'Silverado' when they sing 'That Old Silverado Truck'

Available: Amazon



1-8 Grapevine right, R chassé, L back rock/recover

1-4 Step R side, cross step L behind R, step R side, cross step L over R

5&6 Step R side, step L together, step R side

7-8 Rock L back, recover weight on R

9-16 Grapevine left with ¼ L & R fwd, L fwd rock/recover, L coaster

1-4 Step L side, cross step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)

5-6 Rock L forward, recover weight on R

7&8 Step L back, step R together, step L forward

17-24 R diag fwd, lock L behind R, R lock step fwd on diagonal, L fwd rock/recover, L chassé turning ⅜th left

1-2 On right diagonal step R forward, lock L behind R

3&4 On right diagonal step R forward, lock L behind R, step R forward

5-6 Rock L forward, recover weight on R

7&8 Step L to left side, step R together, turning ⅜th L step L forward (6 o'clock)

25-32 R fwd, ¼ L pivot turn, R cross shuffle, L side rock/recover, L behind/side/cross

1-2 Step R forward, pivot ¼ left (3 o'clock)

3&4 Cross step R over L, step L side, cross step R over L

5-6 Rock L side, recover weight on R

7&8 Cross step L behind R, step R side, cross step L over R

ENDING: To finish facing front wall on wall 10 execute counts 25-30 adding a ½ L turning coaster for counts 31&32 to face front!

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